



Aveda Services for the Body and Spirit

There's more to beauty than meets the eye: in an industry that often values science over soul, we're holding out for both. For an interpretation of beauty that includes both inner and outer wellness—a balance between how we look, how we feel, and how we live in the world. It is the foundation, and guiding principle, of Aveda.

SPECIALIZED TREATMENTS

Green Science™ Skin-Renewing Lip Treatment — \$20

Premature aging around the lip area is caused by smoking, repeated pursing of the lips and un-moisturized lips. These factors contribute to the appearance of fine lines. This treatment will help to minimize the visible fine lines and wrinkles around the mouth. It will also increase circulation to the lips making them appear fuller and plumper.

Green Science™ Skin-Renewing Eye Area Treatment — \$20

The unique “lifting and rolling” aspect of this massage helps to increase blood circulation to the eye area, which is typically the first area to show signs of aging. “Smoothing” the area afterward increases product penetration and helps release excess fluid build up around the eyes and visibly diminish dark circles.

Green Science™ Skin-Renewing Neck and Décolleté Treatment — \$20

The neck and décolleté show the signs of aging as a result of constant exposure to the damaging effects of the sun. In addition to the powerful relaxing and rejuvenating effects of the massage, this therapy incorporates “contrast therapy” which features the use of warm and cool stones. This prevents the skin from overheating. Each element of the massage helps to ensure product penetration, and alleviates the skin.

Outer Peace™ Acne Relief Facial

This multifaceted approach to treating acne will help to clear skin and diminish the appearance of irritation associated with blemishes. For best results, we recommend a series of three treatments.

60 min — \$80

90 min — \$110

Green Science™ Skin-Renewing Facial

This unique rejuvenating facial experience harnesses the powerful high-tech plant technology of Green Science™ and combines it with high touch skin therapy to renew, repair and regenerate your skin. Clinically proven to lift and firm the skin, reduce fine lines and wrinkles, improve skin's smoothness, tone and clarity, and significantly improve the skin's barrier strength while reducing the appearance of age spots.

This treatment is characterized by Aveda's signature Five Phase Massage treatment resulting in a firmer, more youthful complexion and appearance. For the most noticeable results, we recommend a series of four weekly treatments.

60 min — \$100

90 min — \$140

Botanical Skin Resurfacing Facial

This one hour hands-on experience utilizes the power of tourmaline gemstone to smooth skin texture, reduce the appearance of fine lines and diminish pore size while significantly increasing radiance; all with less irritation and inflammation than salon microdermabrasion.

30 min — \$50

60 min — \$90

Enbrightenment™ Skin-Renewing Facial — \$90

Traditional Asian inspired techniques support healthy skin function achieving an evening of skin tone and overall luminosity. Prevents and reduces skin discoloration and dark spots. For the best results, we recommend a series of three treatments.

Perfecting Plant Peel™ — \$25

Our facial masque actively smoothes and retexturizes skin with the instant exfoliation and radiance benefits of a 30% glycolic peel without the associated redness and irritation. Warms skin, helping to open pores.

SPA PACKAGES

The Glamour Look — \$130

Unleash the superstar in you! This exclusive package includes an Aveda Elemental NatureSM facial (60 minutes) to revive and hydrate your skin, a French manicure, a wash and style, and a make-up touch-up. Relaxation and beauty guaranteed! Treat yourself to a cut for an extra \$20.

The Rejuvenating Experience — \$170

A classic! This energizing package includes a rosemary-mint body wrap, a custom massage (30 minutes), an Aveda pedicure and an express hand beauty ritual. A truly refreshing and relaxing experience. Treat yourself to a wash and style for an extra \$40 or a cut and style for an extra \$60.

The Aveda Nirvana — \$225

Absolute relaxation for the body and mind! Starting with a custom massage (60 minutes), you will then experience an Aveda Elemental NatureSM facial (90 minutes), which includes an exfoliation and a massage of your hands, feet, scalp and body. A healthy lunch will be served in a relaxing environment to continue the experience. An Aveda manicure to replenish your hands and nails will follow, along with a cut and style with one of our stylists. Your perfect day of relaxation and beauty will be completed with a make-up touch-up.



AVEDA MASSAGE

Elemental NatureSM Massage

A personalized massage experience based upon the Aveda Elemental NatureSM philosophy and your favorite Aveda aromas. Depending upon your needs, a variety of massage techniques will be utilized, including but not limited to Swedish, deep tissue, acupressure, energy work, pregnancy massage and foot reflexology.

30 min — \$45

60 min — \$70

90 min — \$95

Aveda Fusion Stone Massage

Experience the aromatic power of Aveda Pure Flower and Plant Essences fused with the sensation of a smooth stone massage. Your chosen aroma will arouse the senses while opposing sensations of warm and cold stones, combined with massage techniques balance, soothe, and invigorate your body.

75 min — \$125

ChakraTM Balancing Massage

The ChakraTM Balancing Massage is an innovative treatment that focuses on the chakra centers using a variety of massage techniques. The treatment features the Aveda ChakraTM Balancing Blends with Deep Tissue Massage on the back and spinal muscles, a ChakraTM Reflexology Massage for the feet, and Chakra Energy Work. In addition, you will be guided through a meditation to enhance the benefits of stress relief, decreased muscular tension and increased energy.

60 min — \$95

90 min — \$125

Lymphodrainage

30 min — \$45

60 min — \$70

90 min — \$95

Chair Massage

10 min — \$15

20 min — \$25

30 min — \$35

FACIAL TREATMENTS

Elemental NatureSM Facial Treatments

Re-establish the balance of your skin. Personalized treatments address your unique skin care concerns ranging from aging to dryness, sensitivity and oiliness. Your 60 and 90 minute treatments will include customized product formulations, massage techniques and rituals to restore balance to your skin. By investing more time in your facial treatment, you will increase the capacity of your skin to recover. 30 minutes dedicated to your choice of exfoliation, face and neck massage or corrective techniques for stressed skin. Best for busy people who need a quick fix!

Infinity and Air: restores nourishment to dry, dehydrated and mature skin

Fire: cools and soothes sensitive, irritated skin

Water and Earth: purifies oily and congested skin

30 min — \$45

60 min — \$70

90 min — \$95

AVEDA SPA BODY TREATMENTS

Caribbean TherapyTM Body Treatment — \$110

A rejuvenating and nurturing body wrap treatment that uses the healing touch and plant ingredients of the Caribbean to detoxify, create inner calm, and renew the body and senses. The treatment begins with a dry exfoliation, followed by a warm seaweed body masque to smooth and detoxify. A restorative scalp, face and body massage complete this island-inspired experience. This treatment is ideal for jet lag, post trauma or stress-recovery.

Rosemary Mint Awakening Body Wrap — \$80

Renew body and mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Aveda Rosemary Mint Body Lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body. Great for when you feel tired, heavy or sluggish.

Aveda Body Polish — \$85

Utilizing Aveda products, this spa experience combines an exfoliation with a moisturizing massage to leave your skin feeling soft and smooth. A full body exfoliation for your skin using the therapeutic benefits of marine elements such as Dead Sea salts along with skin conditioning oils. A moisturizing massage to leave your skin feeling soft and smooth.

Aveda Essential Back Treatment — \$70

Perfect if you are having skin challenges on your back, or for a special occasion, this 60 minute back treatment will focus on skin exfoliation, extraction (if desired) to remove impurities, and a back massage.

HANDS AND FEET

Aveda Manicure	\$35
Hand Relieving Hot Stones Treatment	\$50
Caribbean Therapy TM Hand Treatment	\$60
Aveda Essential Pedicure	\$45
Aveda Signature Pedicure	\$70
Foot Relieving Hot Stones Treatment	\$80
Caribbean Therapy TM Foot Treatment	\$85
Aveda Manicure & Pedicure	\$95

HAIR SERVICES – starting at

Cut & Style	\$45
Wash & Style	\$35
Upstyling	\$70
Colour	\$55
Highlights	\$85
Permanent Waves	\$100
Relaxers	\$70
Botanical Hair and Scalp Therapy SM	\$25



WAXING

Half Leg	\$25
Thighs	\$25
Full Leg	\$40
Underarm	\$20
Bikini	\$30
Arms	\$30
Back	\$30
Chest	\$35
Chin	\$20
Shoulder	\$25
Brow Design	\$20
Brow Maintenance	\$15
Half Brazilian (first time)	\$45
Half Brazilian (maintenance)	\$40
Brazilian (first time)	\$45
Brazilian (maintenance)	\$40
Upper Lip	\$15
Promotion upper lip, brow maintenance 30 min — \$35	
Promotion full legs, underarms 60 min — \$60	
Promotion full legs, bikini 60 min — \$60	
Promotion full legs, bikini and underarms 60 min — \$70	
Promotion half arms, chest 45 min — \$50	
Promotion half arms, back 45 min — \$50	

ELECTROLYSIS

10 min — \$15
15 min — \$20
60 min — \$65
180 min — \$180

MAKEUP AND LESSONS – starting at

Makeup for any occasion — \$45
Wedding makeup — \$75

Trend Watch makeup course

The ideal course for learning how to apply makeup and the latest trends. Recommended for adolescents or anyone who desires a natural look.

One person (1 hr) — \$55

Two people (1 ½ hrs) — \$85

Personalized makeup lesson

The perfect guide to learn how to maximize your features according to your morphology and color palette. You complete the second half of your face under the supervision of a professional makeup artist.

One person (2 hrs) — \$90

Two people (2 ½ hrs) — \$135

